



**FMM**  
FEDERATION OF MALAYSIAN  
MANUFACTURING

Federation of Malaysian Manufacturing  
Co. No. 196801000309 (7907-X)  
Perak Branch

## The 7 Golden Rules: Your Guide to Vision Zero Success

PB / 15 / 26

July 3, 2026



📅 September 10, 2026 (Thursday) ⌚ 8.30 am – 5.00 pm 📍 Weil Hotel, Ipoh

### PROGRAMME

In recent years, there has been a significant escalation in the incidence of work-related accidents and occupational diseases, resulting not only in substantial losses for the industrial sector but also adversely impacting individuals, communities and the nation, as a whole. The PERKESO Vision Zero concept is an initiative adopted by PERKESO (Pertubuhan Keselamatan Sosial, or Social Security Organisation) of Malaysia to prevent this escalation of accidents and diseases in the workplace.

The purpose of this programme is to create awareness on the importance of the VISION ZERO concept which can be implemented in industries to achieve the goal of zero accidents. The Vision Zero campaign is implemented through a set of practical steps known as the 7 Golden Rules. These rules provide a proactive framework for organizations to build a strong prevention culture and achieve the goal of zero accidents.

#### Objectives:

The objectives of this one-day programme are as follows:

- ❖ Comprehend the responsibilities of both employers and employees.
- ❖ Gain insight into the significant provisions of the Occupational Safety and Health Act.
- ❖ Explore the concept of Vision Zero.
- ❖ Acquire knowledge regarding the implementation of the 7 Golden Rules.
- ❖ Recognize the advantages of adopting the 7 Golden Rules

|          |   |
|----------|---|
| 08:30 am | <b>Registration</b>   |
| 09:00 am | <b>Commitment of the Employers and Employees</b><br><i>by Mr Moorthy Kasinathan, OSH Consultant</i>   |
| 10:30 am | Coffee Break & Networking   |
| 10.45 am | <b>Demonstration of Safety Leadership</b><br><b>Awareness on Holistic Social Security</b><br><i>by Mr Moorthy Kasinathan, OSH Consultant</i>    |
| 1:00 pm  | Lunch & Networking  |
| 2:00 pm  | <b>Knowing the Existence of Vision Zero</b><br><b>How 7 Golden Rule can Help Vision Zero</b><br><i>by Mr Moorthy Kasinathan, OSH Consultant</i> |
| 3: 30 pm | Coffee Break & Networking   |
| 3 :45 pm | <b>Understanding and Implementing 7 Golden Rules</b><br><b>Summary and Assessment</b><br><i>by Mr Moorthy Kasinathan, OSH Consultant</i>        |
| 5: 00 pm | End of Programme  |

#### Who Should Attend

OSH Practitioner, Managers, Engineers, Technicians, Safety & Health Officers, OSH Coordinators and Safety & Health Committee members.

#### HRD CORP CLAIMABLE DETAILS

Training Provider : 007907X\_PERAK

HRD Corp Programme No: 10001698265

- Employers' HRDC grant approval MUST be forwarded to FMM Perak at least 3 days before the event date.

# The 7 Golden Rules: Your Guide to Vision Zero Success

September 10, 2026  
(Thursday)  
8.30 am – 5.00 pm

## REGISTRATION

- Upon Faxing/Mailing the completed Registration Form to FMM Perak, you are deemed to have read and accepted the terms and conditions. The event would also be deemed as confirmed unless informed otherwise.
- Will be based on First-Come-First served basis.

## ENQUIRIES

### FMM Perak

No. 1, Lorong Raja DiHilir  
Off Jalan Raja DiHilir, 30350 Ipoh, Perak  
(Attn: Ms Nicole Choe / Pn Harvindar)  
Tel No. : 05 548 8660  
Fax No : 05-548 8221

## PAYMENT

- For HRDCorp Claimable Scheme, an Attendance of 100% is a MUST, in any case, employers will be billed in full.
- Cheques made in favour of "FEDERATION OF MALAYSIAN MANUFACTURING" should be forwarded to FMM Perak.
- FMM SST registration No : W10-1901-32000108
- FMM Tin No: C25703742100

## CANCELLATION

- Must be in Writing with Reasons
- 7 days before the Seminar – No payment charged
- 3 – 6 days before the Seminar - 50% payment charged
- < 3 days before the Seminar – Full payment charged
- Participants who did not turn up will be charge full payment
- Replacements can be accepted at no additional cost.

## DISCLAIMER

FMM Perak reserves the right to change the facilitator, date and to vary/cancel the Workshop should unavoidable circumstances arise.

## CLOSING DATE

September 1, 2026

## FEES (Subsidised by PERKESO)

- MEMBERS : RM864.00/pax      NON-MEMBER : RM1,026.00/pax
- Fee stated above is Inclusive of Service Tax @ 8%
- Fee is inclusive of Notes and Certificate of Attendance

## REGISTRATION FORM

FMM Perak  
(Attn: Ms Nicole / Pn Harvindar)

Email: harvindar@fmm.org.my  
Fax : 05-5488221

Dear Sir/ Madam, please register the following participants:

|    | Name | IC Number | Designation | H/P No |
|----|------|-----------|-------------|--------|
| 1. |      |           |             |        |
| 2. |      |           |             |        |
| 3. |      |           |             |        |
| 4. |      |           |             |        |

(Please attach a separate list if space is insufficient)

Submitted by :

|                                 |                              |                             |  |
|---------------------------------|------------------------------|-----------------------------|--|
| Name                            |                              | Designation                 |  |
| Company                         |                              | Tel No.                     |  |
| Address                         |                              | Fax No:                     |  |
|                                 |                              | FMM Membership No.          |  |
|                                 |                              | E-Mail                      |  |
| Do you require vegetarian meal? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | If 'Yes', How many participant(s) <input type="text"/> |

We hereby confirm that :

- We will be claiming under HRD Corp Claimable Courses Scheme and full payment would made to FMM in the event that no disbursement from HRD Corp under any circumstances.
- We will NOT BE CLAIMING under HRD Corp Claimable Courses Scheme. Enclosed cheque/bank draft No \_\_\_\_\_ for RM \_\_\_\_\_ being payment for \_\_\_\_\_ participant(s) made in favour of the "FEDERATION OF MALAYSIAN MANUFACTURING".

(Please tick (✓) in the appropriate box)