Occupational Safety and Health (OSH) Awareness Training

*Date: 18 October 2011*  
*Venue: FMM Institute, Lot 88, Sungai Petani*

**Course Objectives**

By the end of this training, the participants will be able:

- To explain the importance of Occupational Safety and Health issues to themselves and also at the workplace.
- To describe in general on the OSH Management System (OSHMS) and relates it to PDCA Cycle.
- To explain OSH legal requirements in general to the organization.
- To explain Safety and Health Committee requirements in assisting organization managing OSH at workplace.
- To explain the importance of Hazard Identification, Risk Assessment and Risk Control (HIRARC) process in managing OSH risks at workplace, as required by Occupational Safety and Health Act (OSHA) and also Occupational Health & Safety Assessment Series, OHSAS18001:2007 standard.

**Target Participants**

- Managers
- Engineers/Technicians
- Vendors/Contractors
- Supervisors
- EHS Engineer/Officer
- General Employees

**Methodology**

The training content will be delivered through short lectures and group discussion during the training program.

**Training Roadmap**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activities</th>
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<tbody>
<tr>
<td></td>
<td>- START: 9.00am -</td>
<td><strong>Training Introduction</strong></td>
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<td></td>
<td>10.30am</td>
<td>Tea Break</td>
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<td></td>
<td>10.45am</td>
<td>Topic 2: OSHMS: Systematic approach managing OSH at workplace</td>
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<td>11.45am</td>
<td>Topic 3: OSH Legal Requirements: Compliance as commitment</td>
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<td>1.00pm</td>
<td>LUNCH</td>
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<td>2.00pm</td>
<td>Topic 4: HIRARC: Critical step in OSHMS</td>
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<td>3.30pm</td>
<td>Tea Break</td>
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<tr>
<td></td>
<td>3.45pm</td>
<td>Topic 5: Safety and Health Committee: OSH Consultation Platform at workplace</td>
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<td></td>
<td>- END 5.00pm</td>
<td><strong>END OF TRAINING</strong></td>
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**TRAINER:**

Encik Mohamad Aliasman have an extensive engineering and supervision experience in factory set-up, the operation, facility and maintenance of process and equipment in multinational industries. Also experienced in Civil Works construction company Class A, specializing in Quality, Audits and Health, Safety and Environment (HSE) management. With Bachelor of Engineering (Mechanical) from University of Queensland Australia and Executive Master in Business Administration (eMBA) from Mara Technology University, he is specializing in HSE management in manufacturing and construction industries for the past 11 years. Currently, certified as **Safety & Health Officer (SHO #: JKKP IS 127/438/2/2990)**, **Radiation Protection Officer (RPO #: 3677)**, certified OHSAS18001 auditor and **Traffic Management Officer (TMO)**.

Successfully established and managed the Integrated Management System (IMS) by integrating Quality and Health, Safety & Environment Management System (ISO9001, ISO14001 and OHSAS18001) as part of risk management. Some of the organizations are PPES Works (S’wak) Sdn. Bhd, CMS Road Sdn. Bhd, Dewan Bandaraya Kuching Utara (DBKU), Pustaka Negeri Sarawak, Celestica Malaysia Sdn. Bhd and Infineon Technologies Sdn. Bhd. He has worked as a system coordinator to establish IMS in 3 companies. He also experienced in Radiation Protection Program, Facility and Equipment Safety Set-up and also 5S in multinational companies.
**ADMINISTRATIVE DETAILS**

Date: 18 October 2011  
Time: 9.00 a.m – 5.00 p.m  
Venue: FMM Institute, Sungai Petani  
Medium of Instruction: English and Bahasa Malaysia  
Duration of Course: 1 day  
**Fees:** FMM Members – RM330/participant  
Non-Members – RM380/participant  
(Fees include Course Materials, Refreshment, Lunch and Certificate of Attendance)

Attendance is by prior written registration only. Registration form must be completed and returned to FMM Kedah/Perlis by October 11, 2011. Registration is on a first-come-first serve basis. Cheque made in favour of “FMM Institute” should be forwarded to the FMM Institute Unit 3, 2nd Floor, Bangunan EMUM 55, Jalan Gangsa, Kawasan Perindustrian Mergong 2, 05150 Alor Star, Kedah. There will be no refund or cancellation within 4 days prior to the programme, 50% refund for cancellation between 5-9 days and full refund for cancellation 10 days prior to the programme. Cancellation must be made in writing. However, replacement can be accepted at no additional cost. FMM Institute reserves the right to cancel or re-schedule the above programme and all the efforts will be taken to inform participants of the changes. *For enquiries: Contact Meeza/ Shita at 04-7343110/011 or email fmmkedahperlis@fmm.org.my*

**REGISTRATION FORM**

**OCCUPATIONAL SAFETY AND HEALTH (OSH) AWARENESS TRAINING**  
*Date: 18 October 2011*  
*Venue: FMM Institute, Lot 88, Sungai Petani*

FMM Kedah/Perlis Fax: 04-7344057  
(Attn: Meeza/ Shita)

Please register the following participants for the above programme:

1. Name: ____________________________________________
   Designation: ____________________________________________
   I.C. No: ______________________________________________

2. Name: ____________________________________________
   Designation: ____________________________________________
   I.C. No: ______________________________________________

*(Please attach a separate list if space is insufficient)*

Enclosed is our cheque no. ......................... for RM ...................... being payment for the registration of ................... participant(s) made in favour of the ‘FMM INSTITUTE’

*Submitted by:*
Name: .................................................................
Designation: ............................................................
Company: ...............................................................Address:
........................................................................... Tel No.: ............. Fax No.: ............... M/ship No.: ......