

Accidents do happen everywhere and falls are the largest causes of accidental deaths especially in industries where high rise work is carried out and in construction industry. They account for 50% of all fatalities. Most accidents involving falls could have been prevented if the organization has the right management practices and the right equipment had been provided and properly used. All falls need to be prevented. However, specific precautions need to be taken (guard rails, barriers, etc) where it is possible to fall two metres (2 m) or more. When planning for work at height, consider where the work will be done. This course will provide essential training for any person, who has to manage, supervise and control the activities of people who work at heights, and also for those engaged in carrying out work at heights.

C O N T E N T S

DAY 1	DAY 2
Safety Legislation	Roof Work (Flat Roofs, Sloping Roofs, Steep Roofs And Others)
Definitions Of Working At Height	Fragile Roofing Materials
Hazard Analysis And Risk Assessment	Safety Nets, Belts And Harnesses
Access And Loading Places	Selection Of Equipment
Working With Ladders And Roofs	Mobile Elevating Work Platforms (MEWP)
Landing Places	Hazards And Precautions
Openings, Corners, Breaks And Edges	Permit To Work At Height

Objectives

At the end of this programme, participants will be able to:

- ensure compliance with all well-established safety procedures and all current relevant legislation such as that of FMA 1967 and OSHA 1994;
- promote safety wherever employed working at height;
- reduce major injuries and accidents from working at heights;
- understand the use of risk assessment when working at height;
- create and understand the use of Permit to Work at Height; and
- Wear and use Safety Harnesses while working at height.

Trainer

Mr Moorthy Kasinathan holds an MBA and is a competent Occupational Safety And Health Officer registered with DOSH. He holds several Certificates relating to Occupational Safety And Health. He has more than 31 years of working experience in a multinational organization.

Moorthy had been invited speaker for several National and Regional Safety and Health conference. He is an OHSAS 18000 as well as ISO 9000 Lead Auditor. He has also provided Safety and Health trainings and EHS consultancies for several multinational companies not only in Malaysia but also in Indonesia, Singapore and Thailand. He is also a part time Safety lecturer in two local universities and trainer for the Certificate for Occupational Safety and Health Officer (NIOSH programme) in a National Industrial Organizations.

Who Should Attend

All persons involved in working at height inclusive of the Management staff who manages these workers, Safety Officers and Members of the Occupational Safety and Health Committee.

Administrative Details

Date : December 14 - 15, 2011 (Wed - Thu)

Time : 8.30 am – 4.30 pm

Venue: FMM Institute

Level 5 (South), Wisma STA,
No. 26, Jalan Datuk Abang Abdul
Rahim, 93450 Kuching, Sarawak

Fees : FMM members RM780 per participant
Others RM980 per participant

(Fees include course materials, lunch and refreshments)

Completed registration form with cheque made in favour of **FMM Institute** should be forwarded to FMM Institute before **December 7, 2011.**

Those who register but do not turn up for the programme will be billed accordingly. There will be no refund for cancellation within 2 days prior to the programme, 50% refund for cancellation between 3 - 6 days and full refund for cancellation 7 days prior to the programme. However, replacement will be accepted at no additional cost. FMM Institute reserves the right to cancel or reschedule the programme and all efforts will be taken to inform participants of any changes.

For further enquiries, please contact :
Ms Cecilia Pang or Ms Beatrice Olivia
Tel : 082-332784/7 Fax : 082-332785
E-mail : fmmsarawak@fmm.org.my

Training Grant of 100% from PSMB can be applied through SBL Scheme PRIOR to commencement of the programme.