



# MANAGING HSE AT WORKPLACE

29 - 30 September 2022 \*RM 1,007.00 (Member), RM1,113.00 (Non-Member)

Venue : Remote Online Training (ZOOM) \* SBL-Khas Scheme

The strategic plan and initiatives to managing Health, Safety and Environmental at Workplace become more challenging at the current pandemic/endemic situation. The employer must prepare a strategic approach to preventing workplace accidents and promoting health and wellbeing of employees regardless of their employers. It promotes a culture of prevention and commitment to safety, health and environmental by all people at the workplace. The culture is an integral part of management system based on the philosophy that 'No Single Accident Is Acceptable'.

Online Training

### OBJECTIVES

- Vision Zero—Introduction
- Building a strong prevention culture, these causes can be eliminated, work related accidents, harm and occupational diseases.
- Build a Safe and healthy working conditions and create a programs to support site HSE initiatives
- Assess risk factors for work-related nearmiss/accident
- Understand worker rights to a safe and healthy workplace
- Understand Malaysia Government SOP's
- Understand the possible hazards that could expose to workplace
- Understand Emergency Management, Fire Safety, First Aid & CPR
- Understanding workplace Safe System of work (PTW, LOTO, PPE & schedule waste handling
- Dealing with Environmental issue

### TARGET AUDIENCE

- \* General Manager, Plant Director, Operation Manager
- \* Human Resource Manager, Executives
- \* Safety & Health Manager, Officers
- \* Head of Department



### Course Outline

- ◇ Definition of Occupational Safety and Health
- ◇ Four Principal Motivators to Ensure Safety & Health at Work
- ◇ Traditional OSH Management vs Modern OSH Management
- ◇ Hazard in the Workplace, Hazard Identification, Risk Assessment & Risk Control
- ◇ Primary Objectives & Purpose of an Accident Investigation
- ◇ Notification of Accidents, Dangerous Occurrences, Occupational Poisoning and Occupational Diseases Regulations
- ◇ Safety Management System and Fundamental Skills of Managing
- ◇ Job Safety Analysis
- ◇ Permit to Work
- ◇ Handling of Hazardous Chemicals
- ◇ CLASS– Classification Labelling and Safety Sheet 2013
- ◇ Fire Safety

### ADMINISTRATIVE DETAILS

Date : 29 – 30 September 2022 (Thursday-Friday)

Time : 9:00 am—5:00 pm

Venue : Remote Online Training (ZOOM)

Fees : RM 1,007.00 (FMM Member)  
RM 1,113.00 (Others)

*The fee inclusive Service Tax at 6% (SST Number : W10-1901-32000105)*

*( Fees include course material, lunch, refreshments & Certificate of Attendance)*

Medium of Instruction : English

Closing Date : 14 September 2022

Training Provider : FMM Institute Johor

MYCOID: 475427W\_JOHOR

SBL-Khas Code No. : 1000183580

For further enquiries, please contact;

FMM Institute

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## Day 1 (25 August 2022)

- 8.30am : Registration and distribution course material
- 9.00am - 10.15am : • Trainer Introduction and online course explanation
- Malaysia OSH updates ( OSHA 1993 vs. New OSHA)
- Vision ZERO introduction and initiatives
- 10.30am- 11.30 am : **Morning Tea Break**
- 11.30 am - 1.00pm : • Recap / OSH Program & Initiatives
- Workplace hazards & Safe work practices
- 1.00pm- 2.00pm : **Lunch Break**
- 2.00pm- 4.00pm : • Recap / Opportunity & Challenges
- Video presentation—real case scenario / group discussion
- 4.00pm- 4.15pm : **Afternoon Tea Break**
- 4.15pm - 5.00pm : Recap on Day 1 ( Q&A)



## Day 2 (26 August 2022)

- 8.30am- 10.15am : • Safe System of Work / HIRARC + group exercise and discussion
- 10.15am- 10.30am : **Morning Tea Break**
- 10.30am- 1.00pm : • Emergency Management (with new norm)
- Fire Safety Management (with new norm)
- 1.00pm- 2.00pm : **Lunch Break**
- 2.00pm- 4.00pm : • First Aid & CPR (with new norm) + class practical and discussion
- Video presentation –real case scenario / group discussion
- 4.00pm- 4.15pm : **Afternoon Tea Break**
- 4.15pm- 4.45pm : • DOSH Reporting-sharing and lesson learn
- 4.45pm - 5.15pm : Recap on Day 2 (Q&A)
- End of Programme



**FACILITATOR- DR. SHAMSUL RIZAL SHAMSUDIN** is an acknowledge OSH practitioner, having 18 years' experience in OSH & EMS (Environment Management System). Currently hold PhD. In Business Administration (major in OSH) from University of Scandinavia, Denmark. He was one of the Safety & Health Officer (DOSH Reg. No. JKPP IS/127/438/2/2288). Lead Auditor for ISO45001, EMS & ISO9001, as well as South East Asia (SEA) HSE Manager of HSE department at Kerry Ingredients Asia Pacific. A part of his duty, he served FMM Johor Baharu as a Vice Chairman for Branch Committee & Chairman for ESH Sub Committee. He served NIOSH Malaysia as Board of Director under Integrity & Governance committee. He was certified Technician (TC) under Green Technology by Malaysia Board of Technologist (MBOT)

### REGISTRATION FORM

Dear Sir,

Please register the following participant(s) for the above programme

**Submitted by:**

1 Name : \_\_\_\_\_

Designation : \_\_\_\_\_

I.C No : \_\_\_\_\_

H/P No : \_\_\_\_\_

2 Name : \_\_\_\_\_

Designation : \_\_\_\_\_

I.C No : \_\_\_\_\_

H/P No : \_\_\_\_\_

Name : \_\_\_\_\_

Designation : \_\_\_\_\_

Company : \_\_\_\_\_

GST No. : \_\_\_\_\_

Tel & Fax No. : (T) \_\_\_\_\_

(F) \_\_\_\_\_

Email : \_\_\_\_\_

Please tick ( / ) accordingly:

PSMB Scheme :  SBL-Khas  Non SBL-Khas

Enclosed cheque No. \_\_\_\_\_ for RM \_\_\_\_\_ being payment for \_\_\_\_\_ participant(s) made in favour of the "FMM Institute" should be forwarded to the Secretariat **before 29 September 2022.**



\*There will be no refund for cancellation within 3 days prior to the programme; 50% refund for cancellation between 3-6 days;

\*Full refund for cancellation 7 days prior to the programme; Cancellation must be in writing. Replacement can be accepted at no additional cost.

\*The FMM reserves the right to change the facilitator, date or reschedule the above programme and all efforts will be taken to inform participants of the changes.

\*Upon sending the registration form, you are deemed to have read and accepted the terms and conditions.