The Happiness Advantage:  
Increase Productivity Through Happiness and Positive Attitudes

Organised by
FMM INSTITUTE (41347-M)

Look for and Focus on the Positives

June 27, 2019 (Thursday)  ☑️  8.45 am—5.00 pm
FMM Institute Perak, Ipoh

“Ability is what you are capable of doing. Motivation determines what you do. Attitude determines how well you do it.”
-Lou Holtz-
Notre Dame Football Coach

To handle your work with some standards, be it efficiency, effectiveness or excellence, you must develop a professional approach. One needs a proactive stance to make things happen. **This can only be reached if you are happy and have the right and positive attitudes.** You should take charge and be responsible for your actions. This programme will help you to understand your role better, why happiness and positive attitudes are important to the organization, how to develop a positive and proactive outlook, and how to improve in your talents, skills, abilities and attitudes.

COURSE CONTENTS:

I. Importance of Happiness
- What is our purpose and role in the workplace?
- Why is happiness important to the organization?

II. Happiness and Employee Engagement
- Proactive approach towards your job
- Enhancing positive working relationships

III. Performance and Teamwork
- Motivating self and others
- Enhancing efficiency

IV. Cultivate a Happy Organizational Culture
- The power of collaboration
- Instilling pride in your organization

Trainer: Dr. Sharon Low Pau Chin

Dr Sharon Low Pau Chin has 10 years working experience in the oil and gas industry with a further 3 years in the banking arena and has developed a strong expertise and corporate network in the fabrication industry. She has also acquired financial knowledge during her time in banking industry. She holds a Master in Business Administration (MBA) from the University of Sunshine Coast, Australia, a Ph.D from the University of Malaya majoring in entrepreneurship development, a Certification in Training from PSMB and is a Certified Professional Trainer at Malaysian Institute of Management.

Dr Sharon has conducted various public management courses for MIM and Federation of Malaysian Manufacturers (FMM) since 2011. She has conducted leadership team building programmes for Shimano Components (M) Sdn Bhd, Contraves Advanced Devices Sdn Bhd, COHU Malaysia Sdn Bhd, Malayan Flour Mills Bhd etc. She has also conducted in-house programmes including Boosting Productivity through Winning Attitude, The Dynamics of Personal Presence and Building Self Confidence to companies including Bagus Industry (M) Sdn Bhd, Combat Coating (M) Sdn Bhd and University of Sri Jayewardenepura.
**WHY YOU SHOULD ATTEND:**
At the end of the program, you will be able to:
- Understand the value of happiness and positive mindset
- Be the beacon to motivate others and enrich happy workplace environment
- Develop a positive and proactive outlook
- Take responsibility for your growth in life and at work
- Improve the core competency skills
- Enhance the professional image and practice

**WHO SHOULD ATTEND**
Managers/ Executives/ Officers and Leaders at all level.

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**PROGRAMME DETAILS**

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<tr>
<th>Date</th>
<th>June 27, 2019 (Thursday)</th>
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<tbody>
<tr>
<td>Time</td>
<td>8.45am - 5.00pm</td>
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<tr>
<td>Venue</td>
<td>FMM Institute, Perak</td>
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<td>No. 1, Lorong Raja Dihilir, 30350 Ipoh, Perak Darul Ridzuan</td>
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<td>Medium of Instruction</td>
<td>English</td>
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<tr>
<th>Fees</th>
<th>Members</th>
<th>RM689/pax</th>
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<td>Non-Members</td>
<td>RM848/pax</td>
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(Feas inclusive of Service Tax at 6%, Course Materials, Refreshment, Lunch and Certificate of Attendance)

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**REGISTRATION**
- Upon Faxing/Mailing the completed Registration Form to FMM Institute, you are deemed to have read and accepted the terms and conditions. The course would also be deemed as confirmed unless informed otherwise.
- Will be based on First-Come-First served basis.

**PAYMENT**
- Cheques made in favour of “FMM Institute” should be forwarded to FMM Institute Perak.
- For SBL Scheme, an Attendance of 100% is a must. In any case, employers will be billed in full.
- FMM Institute SST Registration No.: W10-1901-32000105

**CANCELLATION**
- Must be in Writing with Reasons
- 7 days before the course – No payment charged
- 3 – 6 days before the course – 50% payment charged
- < 3 days before the course – Full payment charged
- Participants who did not turn up will be charged full payment
- Replacements can be accepted at no additional cost.

**DISCLAIMER**
The FMM Institute reserves the right to change the facilitator, programme, date and to vary / cancel the programme should unavoidable circumstances arise. All efforts will be taken to inform participants of the changes.

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**REGISTRATION FORM**

The Happiness Advantage: Increase Productivity Through Happiness and Positive Attitudes  
**June 27, 2019 (Thursday) @ 8.45 am – 5.00 pm**  
**FMM Institute Perak, Ipoh**

Fax: 05-5488221/ 331

Dear Sir / Madam, please register the following participant(s) for the above programme.

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<th>No.</th>
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Name: ___________________________  
Designation: ______________________

Company: _________________________  
Tel: ______________________________
Fax: _____________________________
Address: __________________________

Email: ___________________________  
FMM Membership No: _____________

(Please attach a separate list if space is insufficient)

Submitted by: _____________________
Enclosed cheque/bank draft No ________ for RM __________ being payment for ________ participant(s) made in favour of the “FMM Institute”.

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**Closing Date:** 
JUNE 19, 2019